Paul Mitchell The School Tinley Park

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

SOC 39-5094.00, CIP CODE 12.0409

The curriculum involves 750 hours to satisfy Illinois state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

Graduates will be prepared to be an entry-level esthetician.
This course is taught in English. Textbooks and course materials are only offered in the English language.

ESTHETICS COURSE OVERVIEW

Course Hours: 750 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first 200 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 10% of the program's total clock hours through distance education.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Tinley Park meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Practical Application	Practical Theory Hours
I. Basic Training Theory and Practical Application 1. history of skin care 2. personal hygiene and public health 3. professional ethics 4. sterilization and sanitation 5. introduction to skin analysis and skin care and facial treatment 6. eyelash extensions, tabs and strips		
SUBTOTAL		**75**
II. Scientific Concepts 1. cells, metabolism and body systems 2. bacteriology 3. physiology and histology of the skin 4. human anatomy 5. chemistry - understanding chemicals and their use 6. disorders of the skin and special esthetics procedures		
SUBTOTAL		**150**
III. Practices and Procedures 1. non-therapeutic massage, excluding the scalp 2. nutrition and health of skin 3. skin analysis 4. cleansing the skin 5. mask therapy and facial treatments 6. facial treatments without the aid of machines 7. electricity, machines and apparatus 8. facial treatments with aid of machines 9. hair removal; including tweezer method, depilitators, waxing and their use 10. professional makeup techniques, including the application of eyelash extensions, tab and strips 11. product knowledge as it relates to esthetics		
SUBTOTAL	**375**	**125**
IV. Business Practices 1. the Act and this Part, including sanitary standards 2. management 3. OSHA standards relating to chemical use 4. Workers' Compensation Act		
SUBTOTAL		**25**
TOTAL HOURS	**375**	**375**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

Hybrid Learning hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 750-hour course:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Final written and practical:** The written test covers an overview of all theory instruction, Illinois state law, and other items covered on the state esthetics exam. Students must receive a grade of 85% or higher on all final exams. The final written and practical exams must be completed within the school facility and cannot be taken through distance education.
3. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.
4. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The programs are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad
- Download Bandwidth 5+ Mbps
- Milady MindTap
- Safari 13
- Zoom